



EVALUATION SUMMARY
MARCH 2017

COMAL COUNTY SENIOR CITIZENS FOUNDATION
New Braunfels, TX

PROJECT TITLE: WELLNESS PROGRAM	
GRANT DESCRIPTION: A program grant in support of wellness programs and services provided to Comal County seniors.	
GRANT AMOUNT: \$75,000	APPROVED: June 7, 2016
PROJECT START DATE: October 1, 2015	PROJECT END DATE: September 30, 2016
CHARITABLE PURPOSE: Health & Human Services\Elderly\Senior Centers	
GRANT TYPE: Project/Program Costs	
GRANT OBJECTIVES: For home delivered meals seniors and disabled citizens will be able to remain independent in their homes and will maintain and enhance their nutritional levels. Congregate meal participants will have the opportunity to lead a healthier life through nutrition and socializing and will also have the opportunity to participate in physical and mental exercises.	
SUMMARY OF REPORTED FINDINGS:	
<p>During the reporting period for this grant the Comal County Senior Citizens Foundation (CCSF) experienced significant growth in its programs:</p> <p>Senior Nutrition Program</p> <ul style="list-style-type: none"> ➤ 877 seniors served (goal was 771) ➤ Meals served and/or delivered daily (five days per week) <ul style="list-style-type: none"> • 63,287 home delivered meals • 33,680 congregate meals • 7,570 meals for Bulverde Senior Center ➤ Frozen meals delivered to homebound clients on Fridays and Holidays ➤ Client satisfaction surveys were consistently positive with occasional reference to personal food likes/dislikes <ul style="list-style-type: none"> • 33% rated meals as excellent • 61% rated meals as good • 6% rated meals as fair • 0% rated meals as poor ➤ 271 volunteers in the home delivered meal program ➤ Two volunteers in the congregate program ➤ Volunteer surveys revealed that: <ul style="list-style-type: none"> • 88% rated “the food was ready to delivered” as excellent • In regard to the length of the routes; 63% rated excellent, 32% rated good, 5% rated fair ➤ 309 unduplicated clients participated in fitness and recreational programming <ul style="list-style-type: none"> • Recreational program added Square Dance lessons to its schedule • Monthly community dinners had an average attendance of over 160 • A volunteer personal trainer/nutrition specialist gives instruction in the fitness program 	

Administrative Accomplishments/Challenges

- Temporarily needed to use a waiting list for clients while certain improvements were made
 - Revised use of volunteers and their routes
 - Raised additional funding
 - Requalified clients
- Rehabilitation of the present location has begun
 - New roof installed on the front half of the building
 - Awaiting final drawings to begin Capital Campaign
- The Home Repair program received new funding and is now offered to seniors in New Braunfels